



NABBA OFFICIAL ENTRY FORM June 2024 onwards

All Competitors must first and foremost obtain a valid "seasonal" Membership (£50) before this Entry Form can be completed and sent on to their local NABBA Area Rep. Please note that all Competitors will be required to pay AN Entry Fee, in cash £50, which will be collected at the check in desk on day of this competition.

A Valid Membership is required at least 2 weeks before your chosen Area Competition

VALID NABBA SEASONAL MEMBERSHIP NO: Dated: Entry Fee of (£50) £..... (To pay on the day at check in)
("Seasonal" Membership from NABBA UK mid-November 2024 until day after the NABBA Universe 2025)

PLEASE WRITE/PRINT CLEARLY:

NAME: _____

FULL ADDRESS: _____

POST CODE: _____

CONTACT TELEPHONE NO: _____ DATE OF BIRTH: _____

EMAIL ADDRESS: _____ GYM: _____

For most Area Competitions your Music details for your Individual Routine must be sent in advance at least 2 weeks before the competition you are entering, via separate email, with the music saved in MP3 file format, and you must give your name, category, and title of music piece. The only exceptions for this are all Fitness categories as no individual routines are required for these. Please send above details to the relevant NABBA Area Rep's email address which is available on the website www.nabba.co.uk and click onto Competitions button then scroll down to appropriate Area Competition. However, some areas still request CD's or sticks, so bring those with you on the day of your competition to hand in at check in desk.

Please Note: The DJ will not play any music that contains Swearing or Abusive language.

60 seconds maximum for individual posing routines

I WISH TO COMPETE IN THE FOLLOWING NABBA AREA / OPEN Competition - **Please tick one appropriate box**

SCOTLAND N. IRELAND NORTH N. EAST N. WEST MIDLANDS WALES South/S.EA WEST
NABBA UK NABBA ENGLAND

I WISH TO COMPETE IN THE FOLLOWING CLASS (2 CLASSES MAXIMUM) - **Please tick appropriate box**

I WISH TO COMPETE IN THE FOLLOWING CLASS (2 CLASSES MAXIMUM) - Please tick appropriate box Qualifying classes for NABBA /BRITAIN 2025	Qualifying classes for NABBA BRITAIN 2025 Cont/d.
TEENS (Age must be 18 or under 1st January 2025)	Fitness Miss Bikini open, & over 35 must be 35 or over on day of comp
Juniors (Age must be 22 or under on the 1st January 2025)	Men's Sport Physique open, & over 45 must be 45 or over on day of comp
Master's Over 45 (must be 45 or over on day of comp)	Classic Men's Physique - Bodybuilding (height & weight ratio taken at registration area) 2 heights up to & incl 1.72 and over 1.72 Britain/Universe
Master's Over 55 (must be 55 or over on day of comp)	
Mr Class 3	Novice Miss Toned Figure
Mr Class 2	First Timers (Men)
Mr Class 1	Novice (Men)
Ladies Trained Figure	NOTES:
Ladies Athletic Figure	
Ladies Toned Figure	

NO UNAUTHORISED PHOTOGRAPHY OR FILMING WILL BE ALLOWED AT THIS VENUE WE ASK EVERYONE TO RESPECT THE MANAGEMENT AND SECURITY TEAM WORKFORCE ON SITE DURING THE EVENT ACCORDINGLY

Email **fully completed** Entry Forms **only** directly to your chosen NABBA Show Organiser

This form adheres to the Database Act 2018 – it will not be shared on social media or copied unlawfully in any way.

NABBAHQ/AREA SHOW ORGANISER/AREA SHOW website page\word file/pdf file updated JUNE 2024